

Welcoming our Newest Clinician Spring 2022!



PSYCHOLOGICAL HEALTH AFFILIATES

Mark L. Lee, Ph.D.

Bilingual: Cantonese and English
In-Office: 108 S. Main Street, Manheim
Telehealth

*Accepting **NEW** clients!*

Client Focus

Adolescents (16+) and Adults

- Depression
- Anxiety
- Self-Esteem
- Grief and Loss
- Insomnia
- Men's Issues
- Anger Management
- Multicultural Issues
- Life Transitions
- Posttraumatic Stress Disorder (PTSD)
- Cognitive Behavior Therapy & Mindfulness for Chronic Pain Management
- Certified in Dialectical Behavior Therapy (CBT)

Education and Experience

B.Eng. Electronic Engineering; M.Ed. Counseling; Ph.D. Counseling Psychology; Licensed Psychologist

Dr. Lee is a licensed psychologist who earned his Master's degree from Washington State University and Doctoral degree from Ball State University. He completed his internship at the Department of Children and Families, State of New Jersey. He finished his post-doctoral training at Coalinga State Hospital, State of California. In addition, he has received training on Dialectical Behavior Therapy (DBT) and has used DBT as well as other treatment modalities in his practice to successfully help many clients enhance their ability to manage their emotional and interpersonal difficulties.

Dr. Lee has over 15 years of experience providing therapy in both inpatient and outpatient settings as well as extensive experience as a member of a multidisciplinary team in providing comprehensive care. Dr. Lee was born and raised in Hong Kong and is bilingual (Cantonese and English). His own cross-cultural experience has made him culturally sensitive to the needs of diverse populations and has allowed him to work with clients from various cultural backgrounds.

During his leisure time, Dr. Lee enjoys going out for a walk with his wife and dog, doing DIY home projects, and exercising. Dr. Lee also likes traveling domestically and internationally and sightseeing the nature of God's creation.

For appointment inquires with Dr. Lee, contact:

PHA Office Support 717-665-2675 or support@PHACentralPA.com

